



ASSOCIATED CERTIFIED COACH (ACC)



All ICF credentialing levels have the same basic requirements: Education, Experience, Mentoring and a Final Performance Evaluation. Each credentialing level has specific requirements in each of those areas. For the most updated description of specific requirements, please visit: coachingfederation.org/credentials-and-standards/credentials-paths

▲ LEVEL 1 PROGRAM

CTA's "Level 1 Program" includes all the required training, education, mentoring and final performance evaluation to apply for an ACC credential. Participants who complete the coursework and activities listed will receive documentation from Coach Training Alliance showing they have successfully completed the "Level 1 Program."



EDUCATION

Certified Coach Program and Supplemental Coach-the-Coach

ICF requires Level 1 Programs to include 60 contact hours of initial coach training and five (5) observed coaching sessions. The Certified Coach Program provides 60 contact hours. Supplemental Coach-the-Coach provides additional observed coaching sessions. Together, these classes satisfy the Level 1 education requirement and candidates who wish to complete CTA's Level 1 Program will need to take both classes (*or demonstrate they have completed equivalent training).

EXPERIENCE

100 Hours

ICF requires aspiring ACC candidates to complete at least 100 hours of coaching experience (70 hours of which are paid with at least eight clients and at least 25 of these hours must occur within 24 months before applying for the credential). CTA facilitates reciprocal peer coaching so candidates can complete these experience hours. For a detailed description of this requirement visit: <https://coachingfederation.org/credentials-and-standards/credentials-paths/acc-credential>

MENTORING

Group Mentor Coaching and Individual Mentor Coaching

ICF requires Level 1 Programs to include 10 hours of mentor coaching. Mentor Coaching is different from the observed coaching sessions completed during your initial coach training. Group Mentor Coaching satisfies seven (7) of the required 10 hours. Individual Mentor coaching satisfy the three (3) additional one-on-one hours. Together, these classes satisfy the Level 1 mentoring requirements and candidates who wish to complete CTA's Level 1 Program will need to take both classes (* or demonstrate they have completed equivalent training). For more information about ICF's definition of Mentor Coaching visit: <https://coachingfederation.org/credentials-and-standards/mentor-coaching>

FINAL PERFORMANCE EVALUATION

Final Performance Evaluation Session

ICF requires Level 1 Programs to include a final performance evaluation where candidates demonstrate their ability to coach at the ACC level (or higher). The Final Performance Evaluation Session is administered by Coach Training Alliance and is the final step in our Level 1 Program. For a detailed explanation of the Minimum Skill Requirements to pass visit: <https://coachingfederation.org/credentials-and-standards/performance-evaluations/minimum-skills-requirements>

▲ APPLYING TO ICF USING THE “LEVEL 1 CREDENTIALING PATHWAY”

Congratulations! Once you have completed all the required activities (Education, Mentoring, Experience and Final Performance Evaluation), CTA will provide you with documentation showing you have successfully completed the “Level 1 - Certified Coach Program”. ACC Candidates applying to ICF can use the “Level 1 Pathway” and will upload (attach) your certificate to your application. For more information about the Level 1 application (including costs and a sample of the application) visit: <https://coachingfederation.org/credentials-and-standards/credentials-paths/acc-credential>.

▲ RECEIVING YOUR ICF ACC CREDENTIALS AND DESIGNATION

Prior to receiving the ACC designation from ICF, all applicants must pass the ICF Credentialing Exam. The ICF Credentialing Exam is administered by ICF after your application has been submitted. For more information about the ICF Credentialing Exam and what to expect, visit: <https://coachingfederation.org/credentials-and-standards/credentialing-exam>